

高 瀑 園

HIGH FALLS GARDENS

PLANT-CENTERED CONTINUING EDUCATION

1. Asian Medicinal Plant Ecology, Cultivation and Conservation

NCCAOM Provider-Course 289-006, California Provider No. 106

Program Description

This three-hour workshop is designed for Acupuncture and Oriental Medicine professionals (and students) as a concise overview of issues related to Asian medicinal plant sourcing, quality and conservation. The implications of growing the plants in North America are examined in detail. The last hour is devoted to “action” planning: to help each participant understand how individual and collective choices can help assure future access to a full range of the herbs they have been trained to use.

Educational Goals/Objectives

- To deepen herbal studies through consideration of the botanical and ecological context;
- To improve understanding of ecological, agricultural and conservation issues that affect sources of high-quality herbs;
- To enhance the ability of herbal practitioners to ask appropriate questions regarding herb quality and sources of supply.

2. Family Patterns In Seeds: A Seed Germination Workshop

NCCAOM Provider-Course 289-011, California Provider No. 106

Program Description

This three-hour workshop is designed for Acupuncture and Oriental Medicine professionals (and students) as an alternative means to learn the herbs of the Chinese *materia medica*. Using the pattern recognition method of plant identification, examples of five major family groups are examined with slides of the flowering plants and live seeds of the same species. In the last hour, students plant the seeds in plug flats, and either take them home or keep them at a central location. Basic plant morphology and horticultural techniques are discussed. Participants are encouraged to grow out the plants at home, or to participate in a student garden or herb club.

Educational Goals/Objectives

- To provide an alternate means to learn the Chinese *materia medica* by study of the patterns common to plant families;
- To deepen herbal studies through hands-on contact with live plant material;
- To supplement botany courses or electives offered by the Colleges of A&OM;
- To encourage those students and practitioners who wish to support plant-related work such as student gardens maintenance, garden tours, or working with growers.

Note:

These courses are designed to be co-sponsored by an accredited College of A&OM with additional regional certification if applicable. The two courses can be presented in one day.

Syllabus & Instructor: Jean Giblette of High Falls Gardens.