

# 高 瀑 園

HIGH FALLS GARDENS

## Student Internship Program 2007

*August 16-23, 2007 in Columbia County, New York*

Open to all students enrolled in the accredited U.S. colleges of Acupuncture and Oriental Medicine, plus recent graduates since August 2006.

This week-long intensive study program provides contact with over 100 species of Asian medicinal plants in the field. Students will learn to identify and practice pattern recognition of common food-plant family members such as *baí zhǐ* and *chái hú* (carrot), *huáng qí*, *gān cǎo* and *kǔ shēn* (legume), *zhī mǔ* and *tiān mén dōng* (lily), *dān shēn*, *jīng jiè*, and *huáng qín* (mint). Elements of botany, dietary therapy, horticulture and agriculture will be introduced in a rural setting that encompasses working farms, medicinal plant gardens and wild ecosystems.

Over the weekend of Aug. 18-19, students will participate in a special field workshop led by Dr. Cheng Chi, a teacher at American Academy of Acupuncture and Oriental Medicine in Roseville, MN who was trained in China in TCM and herbal pharmacy. This workshop also is open to graduate practitioners.

**Academic Credit:** Credit for the program must be arranged by the sponsoring college or herb club. If requested, High Falls Gardens will cooperate to write the syllabus or program of study. Students who complete their program will receive a High Falls Gardens certificate of internship in addition to any academic credit provided by the sponsoring institution.

**Applications Deadline:** May 31, 2007. Return the form on page two.

**Arrival and Departure:** Please plan to arrive at the Hawthorne Valley Farm in Ghent, NY by 6 PM on Thursday, Aug. 16. Departure times are flexible.

**Fees:** Program fees are \$400, which includes lodging, parking, the weekend workshop, at least two lunches and one dinner, and ground transportation. Free pickups from the Albany airport or the Hudson Amtrak station can be arranged in advance. **Please send a \$100 deposit made payable to High Falls Gardens to reserve your place.** The balance of \$300 is due by August 16.

**Location, Housing and Meals:** Columbia County is located 25 miles west of Great Barrington, Massachusetts and 50 miles southeast of Albany International

Airport (ALB). Students will be housed at the Hawthorne Valley Farm in Ghent, NY (see [www.hawthornevalleyfarm.com](http://www.hawthornevalleyfarm.com)) in the Visiting Students bunkhouse. Students will be responsible for most of their own meals, and can manage food preparation on a cooperative basis. The bunkhouse has a small kitchen, the Farm Store is immediately adjacent to the bunkhouse, and local produce is abundant.

**Transportation:** Students and/or sponsoring colleges are responsible for costs. The nearest airport is Albany International (ALB), although the NYC airports can be used along with Amtrak from Penn Station. Local transportation, including pickups/dropoffs at the Hudson Amtrak station or Albany International, will be provided by HFG. Parking space is provided for students who bring a car.

**Extra Requirements:** Students must be in good physical condition, as weather in late August can be very hot and humid. (Indoor work provided in event of electrical storm or heavy rain.) Hats, sturdy shoes with socks and long pants are required in the field. Students will be required to sign off on a memorandum of expectations regarding fieldwork conditions, field rules, gear, tools, protective clothing and use of insect repellants.

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**APPLICATION FORM**

Deadline: May 31, 2007

Enclosed is my deposit of \$100 payable to High Falls Gardens.

Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ ST \_\_\_\_\_ ZIP \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

College \_\_\_\_\_

Advisor's Name \_\_\_\_\_

Please inform us of any special interests or project, independent study or college requirements connected with this internship. Address all comments or questions to Jean Giblette, Director of High Falls Gardens, by email at [hfg@capital.net](mailto:hfg@capital.net) or <http://www.highfallsgardens.net>.